## People Select Committee Chair's Update – June 2018

## Scrutiny Review - Mental Health and Wellbeing including Suicide and Self-Harm

## Achieved since last meeting

The Committee meeting in March 2018 heard evidence from the Local Authority (Children's Services), Stockton-on-Tees Local Safeguarding Children Board (SLSCB) and Teeswide Safeguarding Adults Board (TSAB) with regards their roles and responsibilities around mental health and wellbeing.

Children's Services information demonstrated work being undertaken to increase early identification/intervention, guidance provided around online safety, and a strengthening of the partnership with Health to develop Social Worker knowledge of mental health issues – feedback on the secondary school 'Future in Mind' pilot was also detailed, as was the current imbalance of NHS children's mental health spend. The SLSCB gave details of an in-depth multi-agency learning review following the death of a local student, and the TSAB highlighted the difficulties around people having the right to make decisions themselves, even if they choose a 'risky' lifestyle.

Two Committee meetings were held in April 2018 – the first involved Voluntary Sector providers, and the second heard information from representatives of the Health and Wellbeing Board (HWB) and Hartlepool and Stockton-on-Tees Clinical Commissioning Group (HaST CCG).

Four voluntary groups were in attendance – Middlesbrough and Stockton Mind, Samaritans, Eastern Ravens Trust and Men Tell Health – all of whom gave an overview of their work and the key issues/challenges they face.

The HWB presented their Integrated Strategic Mental Health Action Plan 2018-2019 which was reflective of both the children's and adults' mental health needs assessments, and the ensuing 'strategy on a page'. HaST CCG highlighted their role and responsibilities around mental health, their commissioning of services, and the annually-refreshed Transformation Plan – the review of the core CAMHS service was noted, as was the work of the 'Peer Researchers' who consulted with young people on emotional wellbeing and mental health and the use of digital technology.

A summary of the evidence provided to Committee as part of this review was presented to Members at the last meeting in May 2018. Following this, Committee formulated a number of draft recommendations relating to the key themes and issues that had emerged from the information received.

**Problems or concerns** 

None.

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Planned next month	A draft final report will be presented to Committee in June 2018 for discussion and agreement. The approved version will be considered by Cabinet in July 2018.
On track – yes / no	Yes.

Scrutiny Review – Digital Optimisation		
Achieved since last meeting	Not applicable.	
Problems or concerns	None.	
Planned next month	Committee are scheduled to be presented with a draft scope and project plan for this review at the next meeting in June 2018 following an initial tri-partite meeting in early-June 2018.	
On track – yes / no	Yes.	

Overview / Performance and Quality Assurance		
Key Issues / Problems or concerns	None.	
Requests for more information	None.	

Monitoring	
Key Issues / Problems or concerns	Committee has not considered any monitoring updates since the last meeting. The next monitoring updates are scheduled for the June 2018 cycle of meetings.
Requests for more information	None.

Next Meeting	
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Monday 18 <sup>th</sup> June 2018 (1.30pm)	